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WHAT'S UP ON 'DOWNTON'? {pages 08-09}

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NCAA will announce 'unprecedented' penalty against university this morning, one day after Paterno statue removed

Sources say it's unlike any punishment ever doled out {page 04}

Is Penn State's football team next to disappear?

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Jordan Burroughs, Camden's Olympic wrestling hopeful

More coverage

As part of Metro's ongoing coverage leading up to the 2012 Olympic Games in London, we're introducing readers to the athletes who will be representing the United States. Previously: fencer Daryl Homer, gymnast Aly Raisman, swimmer Ryan Lochte, distance-runner Molly Huddle, equestrian Karen O'Connor and marathoner Ryan Hall. Go to Metro.us for all the interviews.

For the gold

CASSANDRA GARRRISON
CASSANDRA.GARRISON@METRO.US

Jordan Burroughs has won every wrestling tournament he's entered since 2009, and he isn't planning on breaking that streak at the 2012 Olympics.

The 24-year-old has been pinning the competition since he started wrestling for Winslow High School in Camden County. When he joined the wrestling team at the University of Nebraska, he was already the seventh-ranked 135-pounder in the country.

What was it like to learn that you made the team for this year's Olympics? Were you expecting it or was it more of a surprise?

I was expecting to make the Olympic team. I was a World Champ in 2011, and the Olympic trials were just a stepping stone to where I wanted to be in London.

What is your typical day of training like?

A typical day of training usually includes a lift in the morning at about 10 a.m., lasting for about an hour. In addition, I usually have another workout on the mat later in the afternoon, which involves live wrestling, conditioning and learning technique.

How strict is your diet when trying to maintain a specific weight? What are your favorite foods before and after a match?

I try to maintain a strict diet when approaching an event. I cut out the sweets and unnecessary calories. My favorite food before a match is pasta and after is buffalo wings.

Are you looking forward to living in Olympic Village? What are you most interested in about Olympic life?

I can't wait to stay in the Olympic Village. I am excited to be surrounded by the best athletes our country has to offer and see how they live their daily lives.

You've said you want to compete in every world competition and Olympic Games until 2017. How do you stay motivated?

I know how important the sport of wrestling is to me and how important I am to the sport of wrestling. I would like to be a guy that the U.S. can count on to win multiple medals.

*– Reporter **Cassandra Garrison** is covering the 2012 Olympic Games from London. Follow her coverage at **@CassieAtMetro** and at **www.metro.us**.*

GETTY IMAGES

▶ Burroughs, 24, wrestled at Winslow High School before going on to the University of Nebraska.

Q&A

Who do you think will be your biggest competition in London?

There will be a lot of tough competition in London, but I think the Russian and Iranian will be my toughest opponents. They have both been multiple world medalists.

All he sees is gold

- Burroughs became and remains a juggernaut on the freestyle wrestling scene.
- He broke school records and won two NCAA titles at Nebraska. After graduating in 2011, he went on to win the U.S. Open at 74 kilograms.
- He has already represented the country on the U.S. world team, where he won at the 2011 World Wrestling Championships in Istanbul and nabbed another victory at the 2011 Pan American Games in Guadalajara.
- "Wrestle...Win...Repeat" is the motto he boasts to his Twitter followers, where his handle is @alliseeisgold. He will weigh in at 163 pounds in London.

In the news

Chestnut Hill's old speakeasy

A seven-bedroom Chestnut Hill mansion is currently on the market for $2,976,000. The estate, brokered by Elfant Wissahickon Realtors, sits on five acres at 9002 Crefeld Road. Its most remarkable feature is a gaming parlor whose false bookcase conceals a door leading to a fully stocked speakeasy bar, once a necessity for those who liked a little party with their Prohibition. METRO

Quoted

"There will be a lot of talk, a lot of debate, but this will fade into the background like the other incidents that have occurred. People will continue to get their hands on guns."

POLICE COMMISSIONER CHARLES RAMSEY ON ABC'S "THIS WEEK" YESTERDAY ABOUT THE MASS SHOOTING IN AURORA, COLORADO

News in brief

Cops yet to ID Schuylkill River jumper

CENTER CITY. Police pulled a body from the Schuylkill River yesterday afternoon near the Chestnut Street Bridge in University City.

After a passerby caught sight of someone in the water, the Marine Unit responded.

METRO FILE PHOTO

They recovered the body of a black male in his mid-40s around 2:30 p.m. He was pronounced dead on the scene.

Investigators believe the victim to be a man who jumped into the river two to three days ago. METRO/AW

Cops yet to ID driver in club hit-and-run

CENTER CITY. Police are investigating a hit-and-run that left a man, 23, in critical condition with severe head trauma.

Police said that the victim was involved in an altercation with bouncers from The Roxxy and the neighboring Bamboo Club, both on the 900 block of North Delaware Avenue, when, shortly before 2 a.m., he was struck by a blue Honda as it pulled out of the parking lot.

Though the vehicle fled the scene, the driver was later found and taken into custody for questioning. Charges are pending, police said.

The victim was rushed into surgery at Hahnemann Hospital and remains in critical condition. METRO/AW

Settlement in cop's hairy bagel debacle

NEW JERSEY. Evesham police officer Jeremy Merck, who in 2010 brought a civil suit against Good Foods to Go deli and one of its cooks after finding body hair in a bagel, reached a nearly $14,000 settlement, according to a report from The Burlington County Times.

The cook, Ryan Burke, 27, was arrested shortly after the disgusting discovery when he allegedly admitted to putting his hair in the breakfast sandwich to get Merck back for pursuing him during a traffic stop the year before.

METRO/AW

Repeal proposed for voter ID law

One day after a Pennsylvania lawmaker announced plans to repeal the state's controversial voter ID law, the Department of State has introduced a new voter ID card.

The new law will require voters to present a valid driver's license or another government-issued form of identification, starting with November's presidential election.

The new voter cards, which will be issued by the Department of Transportation, are meant to help voters who cannot provide all the documentation needed for a photo ID, such as a birth certificate or Social Security card. Residents will only have to present two proofs of address, their date of birth and social security number.

The cards, which will be free of charge, will be issued on the spot starting the last week in August, according to Commonwealth Secretary Carol Aichele. The cards will be issued for a 10-year period and will only be good for voting.

Aichele made the announcement Friday, one day after Democratic Sen. Daylin Leach announced plans to introduce a bill that would repeal the law.

Leach said Friday that the new voter cards will still not help many senior citizens who have difficulty traveling to license centers and out-of-state residents.

"They're trying desperately to make what is clearly an unconstitutional and highly immoral bill a little bit more appealing. I think it's not going to work," he said.

Some groups that are trying to educate voters about the requirements support the voter cards, but are worried that it could cause more confusion.

"Now what should I say? Should I say 'Don't do anything? Don't go to PennDOT because they're going to have these new cards?'" asked Ellen Mattleman Kaplan, of the Committee of Seventy. "There are just a lot of loose ends here that make people that are trying to alert people about the law unsettled, because I don't know what to tell them."

SOLOMON D. LEACH
sleach@metro.us

758K

The number of registered Pennsylvania voters who do not have valid photo IDs is 758,939, according to an analysis from the state department.

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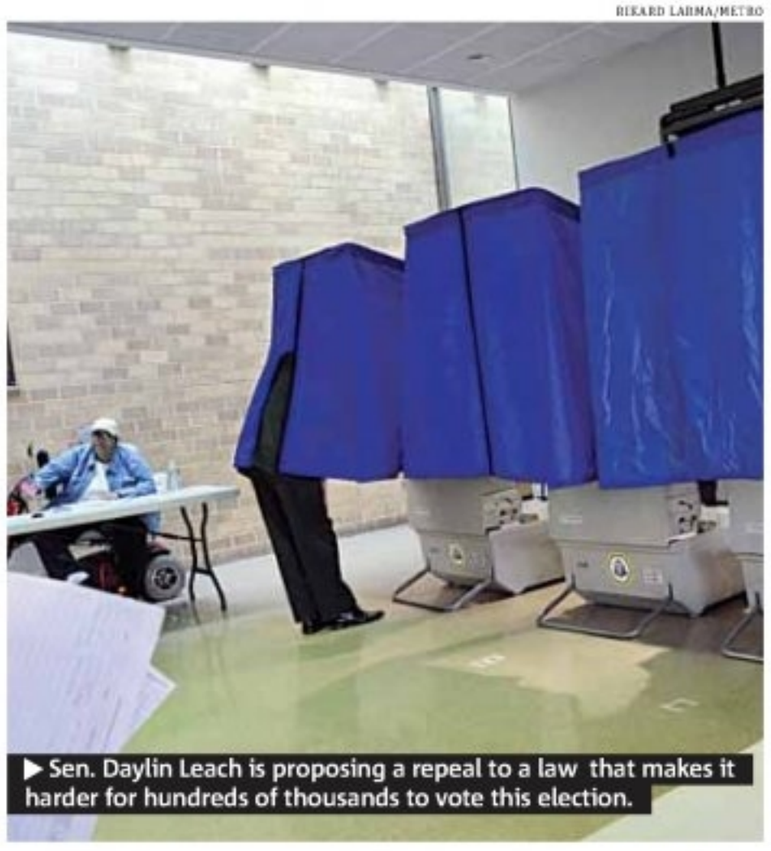
RIKARD LARMA/METRO



▶ Sen. Daylin Leach is proposing a repeal to a law that makes it harder for hundreds of thousands to vote this election.

Bear visits mall, no one hurt

ALLEGHENY COUNTY. A 125-pound black bear wandered into a Sears Grand store at the Pittsburgh Mills Mall Saturday, according to a report in the Times-Tribune.

The bear reportedly lumbered into the parking lot around 8:30 p.m., causing customers to flee and chase it with their cars.

After entering Sears through the automatic door, the bear ran up and down the aisles, according to the article. Police chased it for 10 minutes before it got stuck in one of the exit's double doors, where it then laid on the floor for about an hour, periodically pacing in the confined space.

A Pennsylvania Game Commission officer shot it with a tranquilizer around 9:30 p.m., but the bear made its way back inside for another stroll before falling asleep. It was then carted to a waiting trailer in the parking lot.

The bear, estimated to be in its teens, had reportedly been spotted outside the mall's J.C. Penney store and around a nearby Walmart earlier in the day. METRO/AW

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Five people in their 20s wounded at house party

PHILADELPHIA. Neighbors milling around the house on the 2900 block of West Thompson Street in the Brewerytown section where gunfire erupted during a birthday party early Sunday morning, were reluctant to give their names, but had plenty to say.

"They were innocent kids that were shot," one woman said. "Just because someone's hanging on the corner doesn't mean they are criminals. I know all of these people and they have jobs."

A gunman fired into the crowded home around 2:30 a.m., wounding three men and two women. All of the victims but one are in stable or guarded condition.

Three victims — two men and one woman — are in stable condition at Hahnemann University Hospital, while a 25-year-old woman is in guarded condition at Temple University Hospital. A 25-year-old man was shot in the abdomen and is in critical condition.

"It was bad. It was really bad," the neighbor said. "They had a party, then too many noise and stuff." **METRO/AW**

Fate of Penn State football decided today by NCAA

College sports' governing body is poised to disclose sanctions against Pennsylvania State University, which removed a statue of former football coach Joe Paterno amid criticism that he and the school didn't do enough to investigate allegations of sexual abuse of children.

Mark Emmert, the president of the National Collegiate Athletic Association, will detail "corrective and punitive measures" at a 9 a.m. press conference in Indianapolis today, the ruling body said in a statement.

"I don't know that past precedent makes particularly good sense in this case, because it's really an unprecedented problem," Emmert said in an interview with the Public Broadcasting Service's "Tavis Smiley" program July 16. "I have never seen anything as egregious as this in terms of just overall conduct and behavior inside a university."

ESPN reported yesterday that the NCAA may elect not to shut down the Nittany Lions football team — the so-called death penalty — even after a report by former Federal Bureau of Investigation Director Louis Freeh said school officials tried to cover up abuse by former assistant football coach Jerry Sandusky.

But CBS News reported on its website, citing an NCAA official it didn't identify, that the school and its football team face "unprecedented" penalties that it didn't specify.

The association has imposed the death penalty five times and only once at football's top level.

Shutting down the football program is the "only punishment that fits this crime," Geoffrey Rapp, a sports law professor at the University of Toledo in Ohio, said in an e-mail.

"The failure here was at the highest levels of Penn State's leadership," Rapp said. "Anything less than a break from football would not address the fundamental cultural shift needed here."

Should it choose not to impose the death penalty, the NCAA may ban postseason play for football or all sports for multiple years and strip the school of scholarships. Penn State won't appeal its punishment, the Harrisburg Patriot-News reported on its website. **BLOOMBERG**

PATRICK SMITH/GETTY IMAGES

▶ People from the community try to get a look at the site in which the statue of former Penn State University football coach Joe Paterno stood sits empty after it was removed by workers yesterday.

"It's unprecedented to have this extensive power. This has nothing to do with the purpose of the infractions process. Nevertheless, somehow (the NCAA president and executive board) have taken it on themselves ... to penalize a school for improper conduct."
NCAA SOURCE TO ESPN YESTERDAY

Statue removal

- Paterno's family objected to the decision to remove the bronze sculpture. The statue depicts Paterno, who won a Division I-record 409 games over 46 years, running onto the field pointing at the sky, jacket open, tie blowing to the side, like any fall Saturday afternoon at the stadium.
- "Tearing down the statue of Joe Paterno does not serve the victims of Jerry Sandusky's horrible crimes," a statement from the family said.
- President Barack Obama believes Penn State's removal of the statue was "the right decision," White House press secretary Jay Carney said in a statement from Air Force One.
- Penn State will retain the Paterno name on the university library, Erickson said.

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Obama joins Aurora grief

President Barack Obama headed to Aurora, Colorado, last night to meet families grieving after Friday's mass shooting that rekindled debate about guns in America.

Special prayers were offered in Aurora for those who died in the town, which is not far from the scene of Columbine High School massacre. "Our culture needs to change," Father Mauricio Bermudez told a packed mass at the Queen of Peace Catholic Church in Aurora.

"What kind of people are we becoming? Today, we must change," he said.

The victims, who ranged in age from a girl of six to a man of 51, died early on Friday when a gunman police identified as graduate-school dropout James Holmes opened fire at a packed midnight premiere of the Batman film, "Dark Knight Rises."

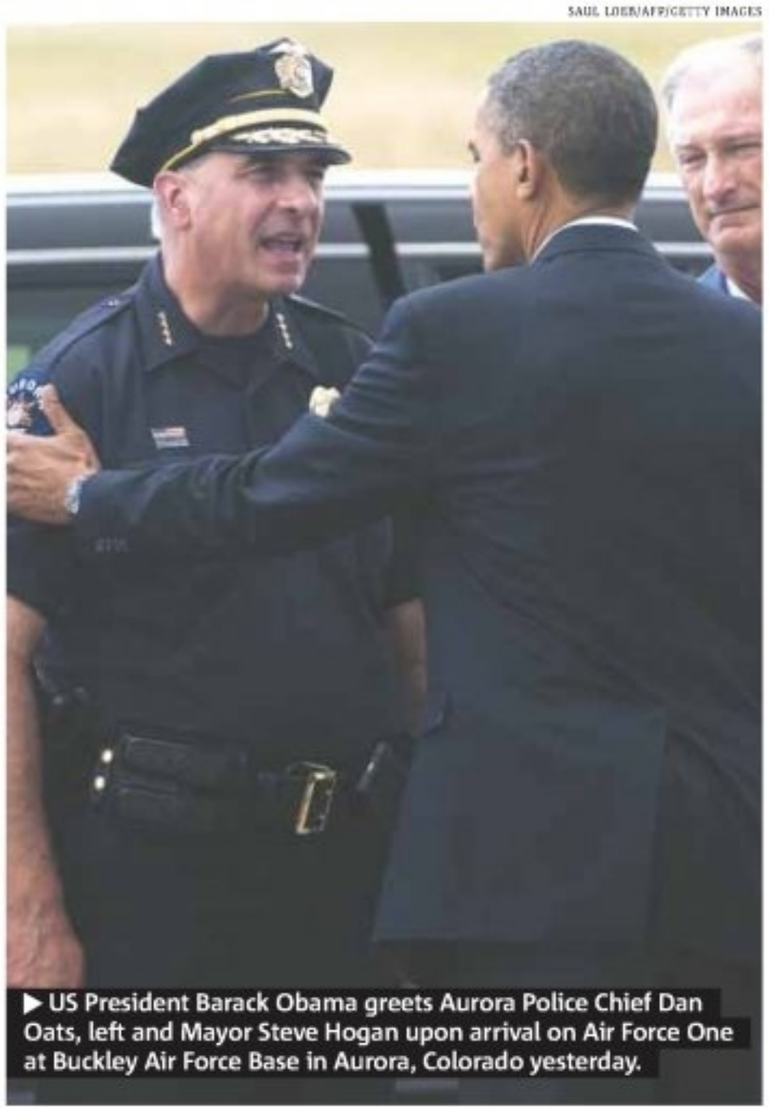
"We're still reeling," Aurora Mayor Steve Hogan said at a memorial late on Saturday for one young shooting victim.

Obama's trip comes as investigators are deepening a probe into Holmes. He was arrested at the multiplex immediately after the shootings and local and federal authorities disarmed explosives in his booby-trapped apartment on Saturday.

Aurora Police Chief Dan Oates said the shooting followed months of "calculation and deliberation," as Holmes received a "high volume" of deliveries of weaponry to his work and home. **REUTERS**

"What kind of people are we becoming? Today, we must change."
NFATHER MAURICIO BERMUDEZ

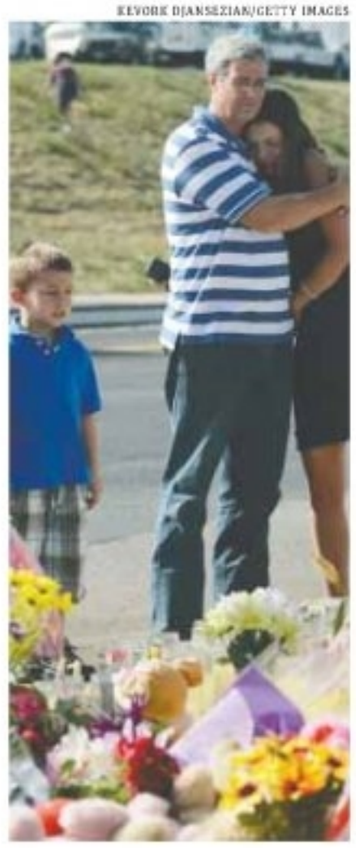
SAUL LOEB/AFP/GETTY IMAGES



▶ US President Barack Obama greets Aurora Police Chief Dan Oats, left and Mayor Steve Hogan upon arrival on Air Force One at Buckley Air Force Base in Aurora, Colorado yesterday.

Governor says gun control 'would not have helped'

KEVORK DJANSEZIAN/GETTY IMAGES



WASHINGTON. Tragedies like the "act of evil" that claimed 12 lives in a movie theater shooting in Aurora, Colorado, may not be preventable by stricter gun controls, the state's governor said.

"I'm not sure there is any way in a free society to be able [to stop a deranged individual from assembling a deadly arsenal]," Governor John Hickenlooper, a Democrat, said yesterday on CNN's "State of the Union."

"If there were no assault weapons available and no this or no that, this guy is going find something, right?" he said. "He's going to know how to create a bomb."

The shootings occurred at about 12:30 a.m. on July 20 during a showing of the new Batman movie, "The Dark Knight Rises." **BLOOMBERG**

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THE WORD

Metro's **Monica Weymouth** shares her take on the world of gossip @monicaatmetro monica.weymouth@metro.us

'Obscene' Katy Perry facing legal trouble

GETTY IMAGES

▶ Baby, you're still a firework to us.

Although **Madonna** is practically begging for someone to complain about her racy MDNA tour, it's **Katy Perry** who has found herself in legal trouble stemming from an April performance in India.

It seems the singer invited cricket player **Doug Bollinger** onstage to demonstrate how to hold a cricket bat, and the lesson — which involved Bollinger snuggling up behind Perry and grabbing her below-the-waist microphone — offended a lawyer in the audience enough to file a complaint. In the case, which will be heard July 31, the lawyer claims that the gesture was "obscene and lascivious" and "distracted students who were writing exams at the time," according to The Sun.

Listen, guys — you're overreacting here. Katy Perry has squirted us with icing from her spinning cupcake bra, and our country's education system is totally fine. Absolutely nothing to worry about, we promise.

Someone's gaga here

Pop stars can't catch a break from the crazies today. The Florida Family Association is blaming **Lady Gaga's** hit single "Born This Way" and the singer's charitable foundation of the same name for encouraging teens — including those who are LGBTQ — to feel like worthwhile humans.

"'Born This Way' sends an irresponsible message to many teens who would have eventually chose to be straight," says the organization's website.

No — just no. Although we do worry she sends an irresponsible message to many teens who would have eventually chosen not to wear a dress made from decapitated Muppets.

Is this a marketing strategy?

Did you ever wonder what diet cocktail smack talk sounded like? Real Housewife **Teresa Giudice** is celebrating the release of her Fabellini line of low-calorie drinks by taking a swipe at fellow Housewife **Bethenny Frankel's** Skinnygirl brand.

"My thing is I don't like anything that tastes diet-y," she tells UsMagazine. "For instance, Skinnygirl tastes diet-y. I don't like that."

It's enlightening little bits like these that some think will land Giudice her own show. "She knows this is a critical time for her and any future opportunities, so she doesn't stop working," a source tells Us. "Bravo would definitely give her her own show, especially after this season. There's so much drama."

Are we really distressed enough to drink a Fabellini? New low over here at The Word.

Talking points

Randy Jackson not leaving 'Idol'

With **Mariah Carey** rumored to be close to signing on as a new judge for "American Idol," the last remaining judge for the reality singing competition wants to make it clear that he isn't going anywhere. While serving as guest host on "The View" last week, **Randy Jackson** announced that he is not leaving "American Idol," despite speculation he might be following **Jennifer Lopez** and **Steven Tyler**, who recently left the show.

"Steven and Jennifer are truly two of the most talented and consummate professionals I've worked with," Jackson recently told Gossip Cop about his co-workers' departure. "I was friends with them before we hopped on this crazy journey together and I have no doubt our friendships will continue long after."

Jackson's statement still leaves open the possibility that he'll move from the judges' table to a mentorship role on the show, leading to a completely new panel of judges.

What we really, really want

The Spice Girls are set to reunite for a performance to mark the closing of the 2012 Summer Olympics in London on Aug. 12, a source confirms to Us Weekly. The group, which split up in 2001, hasn't performed together since their 2008 reunion tour. All five original members will be taking part, according to the source, and the group is expected to perform two songs, including their debut hit, "Wannabe." Other performers at the event will include **George Michael**, **The Who** and **Jessie J**, according to the source.

▶ The Spice Girls are reuniting for the Olympics.

Katie Holmes back to work

Katie Holmes is wasting no time getting back to work after her divorce drama with **Tom Cruise** — starting with a return to Broadway. Holmes is slated to star in "Smash" creator Theresa Rebeck's new play, "Dead Accounts," according to Us Weekly.

Usher mourning death of stepson

R&B singer Usher is mourning the death of his 11-year-old stepson, Kyle Glover, who succumbed to injuries suffered in a jet ski accident earlier this month, according to TMZ. Glover was riding on an inner tube being towed by a motor boat when a Jet Ski collided with him on Lake Lanier in Atlanta. He was hospitalized and declared brain dead shortly after; this weekend, he was taken off life support.

The feed ...

▶ **Checking in with some of Hollywood's biggest names to see what they've been up to — in their own words, in 140 characters or fewer.**

@questlove
Can't believe I'm watchin this Saved By The Bell Marathon in bed on a saturday like its 1990. all i need is Soul Train to come back on at 12

@victoriabeckham
London is AMAZING!!! so beautiful!!!! love being home, on a boat trip with the kids!!!

@rejectedjokes (Ben Schwartz)
Just filled out a Mad Lib with Justin Beiber. He put SWAG in for everything. Noun, verb, pronoun...everything. SWAG.

@ConanOBrien
Athletes at the Olympics are being issued 15 condoms each. Or as the men's table tennis players put it, "14 condoms too many."

Conan O'Brien

PBS at TCA, Day 1: From 'willies' to an impromptu 'Free Bates' campaign

A spoiler-filled 'Downton Abbey' panel caps off the first day of the Television Critics Association press tour

FOR FULL COVERAGE FROM THE TELEVISION CRITICS ASSOCIATION PRESS TOUR, FOLLOW AMBER: @AMBERATMETRO.

The Television Critics Association press tour, the semiannual gathering of journalists to preview the new and returning series premiering this fall, kicked off Saturday with a look at the offerings from PBS.

During the executive session, PBS President Paula Kerger addressed the decision to fire "Market Warriors" host Fred Willard after his arrest on suspicion of engaging in a lewd act in a Hollywood theater last week. "Our concern really is that his circumstance would become a distraction to the series, which we're hoping will have an ongoing presence on public television," Kerger said.

PBS's most anticipated new drama, "Call the Midwife," was responsible for the day's most comical TCA Twitter hashtag: #detachablewillies. Based on the best-selling memoirs of Jennifer Worth, the series tells the story of Jenny Lee, a young midwife working with an order of nuns in the poorest area of London in the 1950s.

As for portraying childbirth realistically without appearing graphic, "it's all about [camera] angles," says series star Jessica Raine, who portrays Jenny. Several prosthetic newborns were also created as props. "They are really heavy, and we got one baby with a detachable willy so it could be a boy or a girl baby," Raine admitted, immediately prompting the hashtag.

The day's big finale featured the cast and creator of the PBS megahit "Downton Abbey." Those in the packed ballroom were treated to a spoiler-filled trailer for Season 3, including a heated exchange between Lady Mary (Michelle Dockery) and fiance Matthew Crawley (Dan Stevens, not present on the panel).

Creator Julian Fellowes said Season 3, premiering Jan. 6, is "in a way, about the recovery from the war." The world — and Downton Abbey itself — is in a massive state of change. He promises "laughs and tears."

Plenty of those should be had in the storyline involving beloved valet Mr. Bates (Brendan Coyle), who is (falsely?) in prison for the murder of his ex-wife, while his current wife, housemaid Anna (Joanne Froggatt), is determined to find evidence that sets him free. It turns out Anna isn't the only one who wants to see Bates emancipated.

Series star Hugh Bonneville, while commenting on his character Robert's position in life ("his destiny was pre-determined. He was born to hand on his estate to the next generation") suddenly stood and began ripping off his tie. He turned away from the audience and unbuttoned his shirt, turning back to reveal a "Free Bates" T-shirt, to raucous applause — even from TV critics.

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▶The engagement of Matthew (Dan Stevens) and Mary (Michelle Dockery) may not be entirely smooth in Season 3 of "Downton Abbey."

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How to stay cool in the dog days of summer

Zen in the city

GABRIELLE BERNSTEIN
WWW.GABBYB.TV

A 100-degree day in a congested city is never a cool experience — I admit I tend to get irritated and overwhelmed as I navigate my way through the sticky, sun-baked streets. If you're anything like me, serenity is a distant afterthought on a hot summer day. For the sake of your sanity and health, follow these three tips to keep your cool on a sizzling day.

Prepare for the heat

First things first: Stay mellow in the high temps by mindfully preparing for your commute. Before you leave the house, make sure you've set yourself up to win. Practice simple acts of self-care: Pack an extra shirt in case you get sweaty, or prepare a playlist of tunes that keep you positive even if you're fanning yourself with your Kindle. And don't forget to slather on sunscreen. Dr. Pryia Batra from Vanguard Dermatology suggests wearing SPF 50 sunblock even when you're walking to work. Paying extra attention to your personal well-being is a huge stress reliever when heat is an obstacle.

Meditate on your commute

This will greatly serve you when you're stuck on a hot bus, subway or train. Press play on some ambient music and breathe deeply in your nose and out your mouth. Need help getting into the zone? Visit www.gabbyb.tv/landing-page for my free guided meditations. Connecting to your breath through meditation will help you release all negativity before you get to the office. Simply shut your eyes and breathe deeply, and your commute will be much cooler.

Drink up

Staying hydrated will help you maintain your energy and keep you cool throughout the day. My dear friend and doctor, Frank Lipman, says, "Drink half your body weight in ounces of water each day. You want to drink fluids before you are thirsty, because if you wait until you're thirsty you are already dehydrated. And remember, it has to be water — iced coffee and margaritas don't count!" Even though it might sound obvious, don't disregard this crucial step.

The heat doesn't have to get you down this summer! Take care of yourself with a little mindfulness and you'll avoid unnecessary meltdowns.

*— **Gabrielle Bernstein** is the author of "Spirit Junkie."*

Metro does not endorse the opinions of the author, or any opinions expressed on its pages.

DIGITAL VISION

▶ On sticky days like these, a little comfort isn't impossible to find.

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How to overcome gender stereotypes in the workplace

Gender stereotypes can be a severe hindrance to your work. They can also distract from serious issues and affect a person's comfort level. "Women who unwittingly adhere to gender stereotypes are less likely to be taken seriously for their abilities and contributions," explains Lahle Wolfe, About.com's Guide to Women in Business. It's time to stop stereotypes in their tracks.

But where to begin? "Be excellent," insists Brenda Fiala, Strategy SVP at Blast Radius. "Set for yourself an expectation of delivering excellent work, and strive to do it positively and consistently." When you're a good employee, it gets noticed — regardless of sex. "Your role," explains Wolfe, "is to contribute to the success of the business. If you are not doing that first, you will be hard-pressed to blame gender discrimination."

Many professionals stress the importance of an appropriate wardrobe. If you want to be seen as a vital contributor to the company, you'd better look the part. "Dress professionally, not for going out," says Fiala. "Professional attire that you are comfortable in builds confidence."

If there's a stereotype that you find offensive or degrading, simply don't perpetuate it. Someone says that women are gossipy? Don't gossip. Or maybe you know someone who insists that female bosses are moody or rash. Counter that by projecting an image of a strong leader by laying out expectations clearly and giving direct feedback.

"To break a stereotype you have to live outside it first," says Wolfe. Observe and understand what stereotypes you may be falling into and make them a thing of the past.

JULIA WEST
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One woman's account of retail hell

When the economy turned south in 2009, author Caitlin Kelly found her freelance writing gigs shriveling up, one by one. In an effort to stay afloat she began working at in The North Face at her local mall.

She wound up encountering the struggles, fears and frustrations 15 million American workers feel every day.

Her latest book — "Malled: My Unintentional Career in Retail" — chronicles her two years as a frontline retail sales associate and diagnoses a broken system of low-wage/high-expectation, emotionally taxing work.

"Retail looks like it's low-skilled. It's not. That's why I wrote the book. I came away with a lot of respect for a job that demands a high degree of emotional and intellectual skill," says Kelly, from her home in Tarrytown, New York. "It's a low-wage job, which to a lot of people means it doesn't take a lot of skill. It doesn't mean that. It just means it pays badly. There are people behind counters with Ph.D.s and MAs. And even if they don't have a college education, they're still bringing an A-game. But they don't get the corporate respect."

BRUCE WALSH
bruce.walsh@metro.us

On the inside

Kelly bristles at a common theme in the criticism of her book: Namely, that her perspective is that of a privileged outsider.

"Define privilege: I'm not wealthy, I live in a one-bedroom apartment, I have an old car. If I was that privileged, I wouldn't have taken a low-wage job and stayed in it for 27 months," she says. "People have said, 'Oh, you're whining.' You know what? You go do that job for a while. Go get emotionally abused for the next 27 months and see if you come out all perky and shiny."

▶ It's not exactly the corporate ladder, but many of America's employees spend some time working in retail.

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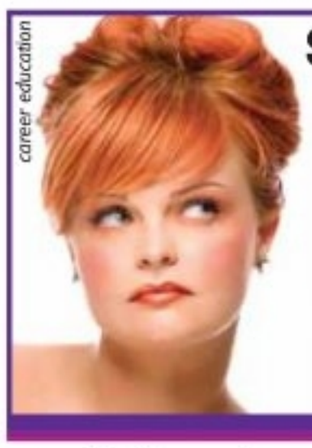

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Letters

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Entire nation falls prey to Aurora evil

James Holmes allegedly killed 12 and injured 58 in a movie theater in Aurora, Colorado.

This brings much sadness to our nation.

Our heartfelt prayers go out to these families who lost love ones and those who were injured in this senseless massacre.

This was an egregious and nefarious act that was perpetrated by an individual that was the personification of pure evil. A movie theater is suppose to be a place that should be safe, I guess no more.

We are becoming a nation under siege by those who have no regard for innocent lives.

Evil is what evil does.

FREDERICK BEDELL JR., VIA E-MAIL

In the wake of Friday's shootings in Colorado, I am neither going to call for stricter gun control laws, nor cry: "Can't we all just get along?"

Nor will I condemn the film and Hollywood for glorifying violence and eroding our morals.

None of that is realistic or helpful.

Rather, I will simply note that this is a tragedy that has robbed many of their loved ones — and out of respect for their grief we should refrain from claiming these events as proof of our personal ideologies (whatever they may be).

JOSEPH CONNELL, VIA E-MAIL

Bush to blame for financial crisis

I would like to respond to the letter from Paul Kane accusing President Clinton of making the "largest mistake" leading to the recent financial crisis of the past few years.

The changes to the Glass-Steagall Act did not "deregulate" the banking industry, as Mr. Kane says.

There were still plenty of regulations and oversight provisions that could have prevented the financial meltdown if the Bush administration had even attempted to regulate or oversee the financial industry — not to mention all the regulations that Bush and the Republican Congress likely repealed quietly in the years leading up to the crisis.

And the biggest failure of regulation under Bush was the lack of regulation and oversight of the mortgage industry, leading to the subprime mortgages that banks later invested in.

Also, Bush was responsible for monitoring the financial system.

If he had done that, then he could have acted to prevent the financial meltdown long before it got to that point, which is what Clinton or Gore would have done if they were in office during the same time.

What's more, the financial crisis would not have happened if job growth and wages weren't so stagnant during the Bush years, because you wouldn't have had so many people unable to pay their mortgages in the first place.

GABRIEL GOTTLIEB, PHILADELPHIA

An easy fix for Congress

Memo to both houses of Congress: Tired of being called a 'do nothing' Congress? Well, DO SOMETHING!

HERB STARK, VIA E-MAIL

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Horoscope

♋ Cancer **June 21-July 22.** Even if your financial conditions are better than usual, don't use it as an excuse to blow a wad on frivolous things that won't mean anything to you down the line.

♌ Leo **July 23-Aug. 22.** Because you're such a fast thinker, you'll be able make a complicated judgment call while your associates are still busy trying to figure out exactly what the problem is all about.

♍ Virgo **Aug. 23-Sept. 22.** If you're on your toes, you'll spot some beneficial developments that are taking place so quietly that most people wouldn't even notice. Being first on the spot will gain you the upper hand.

♎ Libra **Sept. 23-Oct. 23.** Certain friends could be of tremendous help in a commercial situation, if you understand what they have to offer. Don't hesitate to question them about what they know.

♏ Scorpio **Oct. 24-Nov. 22.** Two important objectives can be reached, if you use your smarts when going after them. Keep a low profile and don't broadcast your intentions.

♐ Sagittarius **Nov. 23-Dec. 21.** Because you are likely to be especially effective in dealing with committee work, chances are any constructive suggestion you make will be exactly what is needed.

♑ Capricorn **Dec. 22-Jan. 19.** When it comes to working with others on a joint project, you'll do what needs doing without standing on ceremony. Greater success than expected will come, mostly due to your input.

♒ Aquarius **Jan. 20-Feb. 19.** Harmony and balance can be restored in an important relationship that has been a bit unsteady lately. However, you must make the first overtures.

♓ Pisces **Feb. 20-March 20.** Start the week off by implementing changes that would improve conditions where your work or career is concerned. Even if this means humbling yourself a bit, it'll be worth it.

♈ Aries **March 21-April 19.** Today's conditions are conducive for you to begin building the network you need to accomplish an important aim. Start gathering those who have proven they can work well with you.

♉ Taurus **April 20-May 20.** Don't sit on your duff just because you haven't made any plans. Utilize this free time to connect all the loose ends you've left dangling.

♊ Gemini **May 21-June 20.** If your methods or procedures are better than what others have to offer, don't be surprised if you capture the attention of those who matter.

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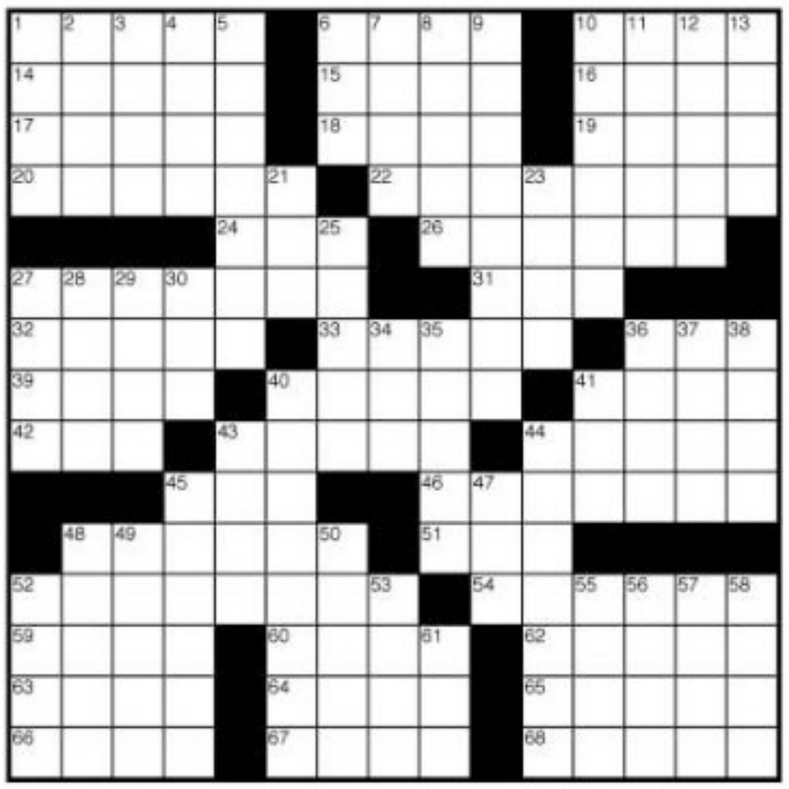

Across
1 Jalopy
6 "Nutcracker" costume
10 Dewlap
14 Three-legged stand
15 PDQ
16 Grades 1-12
17 — nous
18 Singer — McEntire
19 Painter Paul —
20 Position
22 Yacht builder
24 Broadway bio
26 Threat ender (2 wds.)
27 See the difference
31 Architect's wing
32 Beat by a whisker
33 Plantation drink
36 — Dawn Chong
39 Low voice
40 Hand-dye with wax
41 Amoebas have one
42 Matter, in law
43 Dromedary
44 Triangle parts
45 Cohort of Boris and Bela
46 Bland pudding
48 Long, flat timbers
51 Hire a lawyer
52 Give up (2 wds.)
54 Legendary
59 Bereft
60 Jean Auel heroine
62 Spacious
63 With, to Maurice
64 Quantity of paper
65 Dainty
66 Screen
67 First 007 movie (2 wds.)
68 Raison —

Down
1 High notes
2 Rave's partner
3 Film terrier
4 Gull cousin
5 Voted in
6 Mammoth entrapper
7 Pre-owned
8 Forbidden thing
9 In trouble (3 wds.)
10 Hyde's alter ego
11 Clay pots
12 — it's at
13 Fibbed, plus
21 Do the wrong thing
23 Iodine source
25 Fix, as a copier
27 Special
28 Like some chatter
29 Barracks offs.
30 Co. honcho
34 Sporty truck
35 Cheerful tones
36 Start all over
37 Baldwin or Guinness
38 Adamson's pet
40 ATM insert (2 wds.)
41 LI doubled
43 NE state
44 Hunted like a caveman
45 Moonshot event
47 — Wiedersehen
48 Establish as fact
49 Ancient harps
50 More crafty
52 Close-mouthed person
53 Pizzazz
55 Tree trunk
56 Upper story
57 Kuwaiti leader
58 Unit of force
61 I love (Lat.)

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SUDOKU **LEVEL: EASY**

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SUDOKU **LEVEL: HARD**

Solution to weekend's crossword

A	C	D	C		S	A	L	A	D		L	I	S	A
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M	O	O	R		N	U	D	E	S		E	R	A	S
E	N	D	S		T	R	A	D	E		R	E	N	T

How to play Sudoku: Fill in the grid so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

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Eagles open training camp with no drama

Optimism running high at Lehigh as players report Team looks to put 8-8 season in rearview mirror Extensions for Jackson, McCoy, Cole, Herremans show new philosophy

There's no turmoil. There's no controversy. There's only hope and optimism.

For the first time in a long time, the Eagles opened training camp, on the lush campus of Lehigh University, with no negativity. There was no one running around in army fatigues, no one showing up late. The only real concern was over Mike Patterson's future. (He won't practice following brain surgery.)

Other than that, the Eagles are ready to roll, to borrow an Andy Reid line. That was apparent yesterday as rookies and selected veterans showed up, all of them bright-eyed and smiling.

"We're very fired up to be back and get things underway," Reid said.

The team decided to take care of its own this past offseason, handing out contract extensions to marquee players, like DeSean Jackson and LeSean McCoy. They also locked up homegrown studs Todd Herremans and Trent Cole. In recent years, including the Dream Team fiasco, the Eagles chose to be active in free agency. Now, the front office has a different mind-set.

"I think it starts when we sat down and made our offseason plan," GM Howie Roseman said after the Eagles inked McCoy. "We decided to focus on re-signing our own players and keeping a bulk of the team intact for now and going into the future."

It's a big reason why Mike Vick had no problem saying that he thought the Eagles could build a "dynasty" with this group. It's a simple thing, but the players feel and appreciate that loyalty.

"That's a good feeling for players that have been through the grind with blood, sweat and tears in the Lehigh Valley," Jackson said after signing his new deal. "There's just so many things, and we've all been here for a long time and played here and grown up through the system. It's good to see players stick with the team."

GETTY IMAGES

▶ Mike Vick and Andy Reid are trying to build a dynasty here in Philadelphia. That dream starts this week as the Eagles begin training camp at Lehigh University.

Camp schedule

The Eagles opened training camp yesterday at Lehigh. Here is this week's schedule for those fans looking to make the trek up:

- **Today** — Walk-through at 8:45 a.m. Offensive coaches address media at 3:30 p.m.
- **Tomorrow** — Walk-through, 8:45 a.m. Defensive coaches address media, 3:30 p.m.
- **Wednesday** — Andy Reid talks to media, 8:45 a.m. Remaining vets report to Lehigh.
- **Thursday** — First full-team practice (10/10/10), 3 p.m. (closed to fans).
- **Friday** — Walk-through, 8:15 a.m. Open practice, 2:45 p.m.

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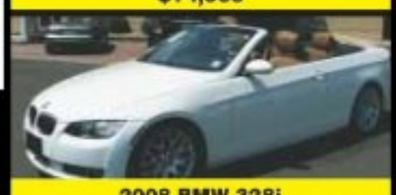

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Battleground Lehigh: Birds preparing for position wars

The Eagles began their 14th season under head coach Andy Reid yesterday on the campus of Lehigh University when rookies and selected veterans reported. The team will go through the paces today, but the first real practice is set for Thursday. Here are a few battles to watch:

Safety

O.J. Atogwe VS. **Kurt Coleman**

▶ **What to watch:** Coleman has been proclaimed the starter by Andy Reid and his secondary coach, but the fact Eagles brass went out and brought in a veteran like Atogwe should tell you something, like the leash is short. Coleman is one of the hardest workers on the team, but he had a roller-coaster ride last season. One week, he was crashing into teammate Nnamdi Asomugha. The next, he was tying a franchise record with three picks in one game. It's Coleman's job to lose — and yes, it is loseable. We're assuming Nate Allen holds down the other starting spot.

Backup RB

Dion Lewis VS. **Bryce Brown**

▶ **What to watch:** Lewis, that whole fire-alarm fiasco notwithstanding, is the favorite to retain this job. The second-year back didn't look horrible in limited snaps last season (23 carries, 102 yards), but he's tiny (5-foot-8, 195 lbs.) and can't be counted on as a goal-line vulture. The Eagles took a seventh-round flier on Bryce Brown, a raw untested project, and will also give rookie free agent Chris Polk a chance to showcase his goods. If the Birds still don't like what they see coming out of camp, don't be surprised if they pull off a deal for a veteran.

Nickel cornerback

Joselio Hanson VS. **Brandon Boykin**

▶ **What to watch:** This could end up being the most intense battle in all of camp. Hanson is a proven commodity, an eight-year veteran who doesn't need much coaching and plays the slot to perfection. But the Eagles are high on their fourth-round pick, who was seen in nickel and dime packages in minicamps. He's got the size and quickness to excel as a nickel corner. Plus, the Eagles will most likely anoint him as the new kick returner. Boykin is a lock to make the team but — despite his veteran savvy — Hanson might not be, if he loses out here.

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Union looks to bounce back after tough loss

The Major League Soccer season is a marathon, not a sprint. There's no point in getting too down over a tough loss, mixed in with a number of positive results.

Following the Union's first three-match league winning streak, they lost 2-0 to the formidable New York Red Bulls this past Saturday. Kenny Cooper scored two goals, giving him 13 this season.

As a result, the Union dropped to 6-10-2 with the All-Star break approaching. The All-Star Game will be played Wednesday night at PPL Park.

The next league game for the Union will be July 29 against the New England Revolution at PPL Park.

Following that, the Union will travel to Montreal and then host Chicago. All three are winnable matches.

"This was a tough loss, no doubt, but I think we have proven we have the ability to bounce right back and play a strong game," said rookie forward Antoine Hoppenot. "We have a great character group in here and I know we will all come back strong and excited to start a new streak against New England."

GETTY IMAGES

▶ Hoppenot

The Union have been one of the busiest clubs in the league over the past month. So getting a break now could pay huge dividends later in the season.

"It will be nice to have a whole week to prepare for a game for sure," said interim manager John Hackworth. "This is our ninth game in 27 days. I think there's a little bit of that you see out there. I don't think we had our normal energy throughout the whole game."

ANDY JASNER
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For further information, please call:
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Study Coordinator
Phone: 267-426-5747

CHOP ID #: 005344
Approval Date: 6/12/2009
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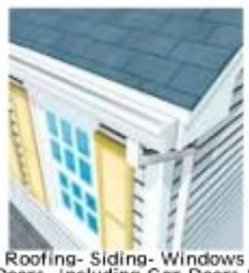

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#26

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■ **Bell Blood Pressure Formulation helped me feel great.** Thank you for this wonderful product. *William Oliver, Portsmouth, VA* ■ **I have been taking Bell #26 now for one year.** My mom and brother started taking it as well. Even my pastor is on it now. Thanks! *Mary Earl, Longview, TX* ■ **I started to take Bell Blood Pressure Formulation Formulation #26.** After about 30 days my blood pressure was normal. My doctor was very happy with me. Irene Surridge, 67, Owen Sound, ON ■ **A friend recommended Bell BP Formulation!** When a friend had good results I decided to try it. After taking Bell Blood Pressure Formulation #26. It made a difference in my life. *Milton Perdomo, 68, Rego Park, NY.* **No need to make claims. Bell relays 100% truthful user's free speech. No money is paid for it. No questions asked guarantee.**

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#60

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SNORING?

As recommended by Dr. Gifford-Jones M. D.

#23

Here is proof that snoring can be corrupting your health and your marriage. Three out of 10 couples are considering divorce because of snoring says a major magazine article. You are not alone! An official survey says 48% of all people snore. 75% are affected, if you add non-snoring husbands that have snoring wives or vice versa. Snoring is caused by slack muscles in the throat. A common complaint is that people feel that they are not well rested in the morning. Many people wrote they are now sleeping like a babies. Their partners are delighted. This natural health product Sound Sleep #23 usually helps the first night. No side effects.

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